



**Eligibility:** 10 years+

**Duration:** 8 weeks (8 sessions)

To confirm your seat visit:

[www.pragyaanioe.org/zero-to-hero](http://www.pragyaanioe.org/zero-to-hero)

**ENROLL TODAY**

[www.pragyaan.org](http://www.pragyaan.org)

+91 70392 00152

[pragyaanioe@gmail.com](mailto:pragyaanioe@gmail.com)

Set yourself down the  
right path toward literary  
excellence



**ADMISSIONS  
BEGIN**

FOR

**"ZERO TO HERO"**

PRAGYAAN  
INSTITUTE OF EXCELLENCE  
AND  
COACHING CENTRE

"Zero To Hero", is an amazing Workshop held for students, to maintain balance and achieve success. In today's day to day life with the growing age kids face many challenges, which they unfortunately look as problems, tensions, etc. In these eight sessions we teach kids how to look at things the way they are. We help them to remove fear, stress, depression, addictions if any, and such hidden and non expressed issues. Here, they learn to tackle their life by maintaining the right balance between the competition outside and enjoy their childhood as well. Those days will never come back in their life. We also help them in setting their goals at subconscious levels. We teach them healthy food habits, as health is the real wealth to success. To let your kids, experience these wonderful moments of life; contact us as early as possible.

## OUR VISION

Is To Be The Global Centre Of Excellence For Training And Coaching In Psychology And Spirituality.

Grab Your Seat  
Before It's Too Late

Learn From The Top  
Ranking Institute In  
Mumbai.

Session 1  
Forgiveness And  
Balance Of Life

Session 2  
VAKOG And  
Law Of Attraction

Session 3  
Yoga Mudra And  
Brain Enhancement

Session 4  
NLP For Children And  
Art Of Gratitude

Session 5  
Miracle Of Breath  
And Anchoring

Session 6  
Stage Confidence Secret  
And Yoga Nidra

Session 7  
Subconscious Programs  
And Love Within

Session 8  
Instant Relaxation And  
Dos & Donts Of Life